

## University of Pretoria Yearbook 2020

## Human movement studies and sport management 222 (JMB 222)

Qualification	Undergraduate
Faculty	Faculty of Education
Module credits	10.00
Programmes	BEd Intermediate Phase Teaching
	BEd Senior Phase and Further Education and Training Teaching
Prerequisites	JMB 112 and JMB 122
Contact time	2 lectures per week
Language of tuition	Module is presented in English
Department	Humanities Education
Period of presentation	Semester 2

## **Module content**

Sport injuries and posture deviations - demarcation and terminology. General principles for prevention and treatment of sport injuries. Posture development and the influence of proper habits in the development of a good posture. Identification and pathology of specific deviations. A theoretical and practical perspective on control as the final phase of the management process in sport to ensure the success of the management process is emphasised.

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